# wading for stillness

## **Contact:**

Eamon Durkan Flat 20 30 Queen's Road Aberystwyth, SY23 2HN Wales

eamondurkan@gmail.com www.eamondurkan.com +447747491555

#### **Author's Statement**

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The following selections of verse, yet unpublished, reveal a brief glimpse of the varied poetic stylings, themes and rhetoric explored throughout Eamon Durkan's wider work of verse and lyric prose.

By employing crisp images, strung together in confluence, the author aspires to offer readers a resting place, a chance to lay down the weight of thought and sink into the warm, marine layers of the mind—a world unbent by intellect, yet not unintellectual.

To that end the young author hopes these poems, bits of verse, may serve as an aide—perhaps even a comfort—a way to access the uncluttered mind, which bears witness to and reads these lines, spoken into life as verse.

#### Poems Included in this Selection

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#### I.

- 1. the sea-trunk's humming edge
- 2. (don't) pull against the barbs
- 3. love letter to myself
- 4. it was a Saturday in outer space (when they sold the globe)

#### II.

- 5. across the borderline to Maine
- 6. the builder of Mayo
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#### Ш.

- 10. near Wellington, NZ
- 11. uncle mícheál in the kitchen (with van morrison)
- 12. inscription from my own heart
- 13. the muse and the sea, revisited
- 14. the white bird in the marsh
- 15. you will not believe me; you will see

I.

#### the sea-trunk's humming edge

haul yourself up on have been searching, at its sun-pale porous flesh, vast-edged silent sponge

the question, you its salt-worn side like some

you've been and you've its saline lilt

treading water grown heavy in your glazed stare far too long, with salt I can see through the ocean's

tepid dark, the dock-ish your you tread the clock of water's sorrow-cheek lapping-question's side, spray upon

Hoist! I say! the floating with its salt, under the violet-indigo, sleeves hang the sea-trunk's Milky Way's the captive that from

lithe breast

Haul yourself upon
sun-bleached
lay the
wide-less arch
falling ink-spill dark
their pooling
humming edge,
scattered buzz-of-haze;
pushing from
is what must rest
the mere-act-of-life

the curved board,
trunk grown buoyant
whole rank night
of sky; maroonlet your
saline drops over
let them gather in the
the captured breath,
your chest
like any infant, tired
upon the mother-animal's

All night, stay the below that you a refuge'd strate heave upon the somewhere entangled mute is prying itself from eternity

there with clamming
beside, now
must lay defeated,
straggler, buoyant
the question's girth
below the
the far off

hiss of salt,
now is the time
a bedraggled stranger,
only as your tired ribs
the sun is coming
black-and-violet-quiet of
cunning-edge of dawn

but hush, and wait

> 16 October 2019 Number of lines: 33

## (don't) pull against the barbs

```
"don't pull
   against the barbs,"
         he said
he was skinning
   the fish by then
      its scales, almost purple,
   like shingles
           stripped off in a storm
he was quiet then,
   and the skiff rocked lightly
      in the breeze:
   the sky turned,
      and a thin rain
            gauzed down
      sallow (like something leaving this world)
I looked at him
                  there,
   hunched in his woolen overalls
"...and if I do?" I said
his face turned to me,
     looked at me,
"...don't."
        he said
      "pull against the barbs."
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29 June 2021 Number of lines: 23

# love letter to myself (from my own heart)

It is summer now. And you are sitting in my landlady's treehouse. Composing.

A letter, a love letter, to yourself. It reads,

"This is a difficult time, my dear. You are navigating it extraordinarily well. You are urging and inclining—softening and opening, exposing the many spots of tenderness in this heart-and-mind.

Keep going. Keep going in, my dear. You may not believe me (and indeed don't have to) you may fixate on the vast uncertainties of the world closed by fear, though rightly so...keep going.

Things grow to recognize themselves with time if held with lovingwarmth, with warm-heartedness—trust in the process, which unfurls at its own trackless pace.

First roots understand that they must descend, must pierce the heavy clay-soil for a whole year, sometimes before they sprout a single ridged or beveled leaf. Keep going. Consider the cultivation of the knowing, the perceiving heart, as primary (it is).

And most of all, undo yourself in Nature. Be pleased. Be uncoiled. Allow your desperate "need" for certainty, as best you can, to rest under the forest soil awhile...

Begin again. The heart-of-warmth has never left. Pick it up. Warm it with your breath. Begin anew, afresh.

And most of all, as I said, undo yourself...with warmth."

Keep going.

2 July 2020 Number of lines: 23

# it was a Saturday in outer space (when they sold the Globe)

it was a Saturday in outer space—and somebody had just sold the Globe.

they were counting, on long fingers, the spheres with lips of discontent "not enough" they said "yes" "the pale and the dark" "yes" "the pearly and the rough" "...yes" "not enough" they said, counting each, as on a Chinese abacus "that one" they said a flare, a blaze a blade, a corona burnishing in a strange eye "that one, there... in the middle?" the smile shook out, complete and sneering, "Yes."

it was a Saturday in outer space when they sold the Globe.

> 2 November 2021 Number of Lines: 25

II.

# across the borderline to Maine (a poem for Mother's Day)

Somewhere in the dark swerves of memory there is a scene.

Come, tell me, do you recall?

It is 3am, or 4.

Dark. Early. August and we are piling into the white breadbox, the asphalt is cold, underfoot the 15-passenger van, all cleared out. is filled with blankets and sleeping bags of every sort and soon like diligent (though sleepy) ducklings, we are all filed in.

the dimpled plastic light bares down like houselights glowing on a foggy shore...

you count our heads and sigh.
we are all there.
so, we set off, tumbling through the silt of night

when someone's voice begins to read, it is you—you, the mother la mère, la mer the soft-voiced one, and soon we're tumbling through thought holding fast to your articulated words the cogs of our imaginings whirl and aspire into imagery

distances emerge, the wheels of thought turn—you, you are powering them, somehow (unbeknownst to us) like water to the waterwheel held and cupped and sleep covers us over, a luxury, as the boxy vehicle juts through night and the hours loosen in our sleepy eyes...

until, sometime later,
we wake to the lost strand
of your voice
"We've crossed the borderline," you say
"...we are— in Maine."

9 May 2021, Number of Lines: 39

# the builder of Mayo a poem for Father's Day

There is a builder, somewhere in the past, setting posts (and placing stones) in *Castelroyan Co. Mayo* his face flickers, changes in the grey dawn, the chimney rock—stones cut square.

He builds; he builds
freely, like you, imagining
the swift bite of the wind,
and time—he places
and inspects, his hands change,
he gauges and guesses
and graces (this earth)
his mind soars—look, look!
into the still pocket of the
pond, tell me
do you see
his keen eyes, peering
(thoughtfully) back at you?

20 June, 2021 Number of Lines: 22

## when you reach

```
reach
out of love, the way
redwoods do
(with their spindle bowers)
...reach out
and
love the way
redwoods might
asking
just one thing
to be,
a little closer,
to the light
```

31 July, 2020 Number of Lines: 13

#### brief

And we strode
out together, handprint
fit in handprint, as though
it had never been another way

As though the tick of ephemeral
time existed, not at all
perhaps (in fact)
it did not; those
sweet, clear moments walking out
the mud-tired path, under
a clear'd island sky, climbing
the five-bar cattle gate, chatting
of heritage, as though nothing,
not a single brushstroke
had ever been placed differently

how many eternities passed
under the press
of her hazel-eye, it is
impossible for anyone, far less myself,
to wager or to know... supposedly, it all
came heaving through
the tiny boxes
of hours

but it cannot be.

It is impossible.
Even lifetimes
may have burst
their dove-tailed corners, bent
by all that was
traversed and transferred
in that brief, eternal
clock-less
shift-of time

2 February, 2020 Number of Lines: 33

#### untitled after retreat

What use is a hook without its barbs?

so long, so long the barbed thoughts reigned

now, they are dissolved like stiches from the sinews of an arrow-wound

dissolved, I say, no more can hook their teeth

into the tissue of the heart

not banished, but burnished

polished, freed 'til seen no more

27 December 2021

III.

## near Wellington, NZ

It was a long embrace

and slipped between his English wit, a parting sadness hid

his son, my friend, long held in his grasp

but it was always like that

"his dad gets sad whenever Izzy leaves,"

Lilly turned to me and said,

the two, close-veined, still pressed like leaves between pages, fresh

when at last they broke away I heard his words from earlier, to me

"nice getting to know you,"

then, "and if I don't see you again—that would be sad, have a lovely life

and don't you
go changing!"

We pulled away as sun filtered through the juniper,

a velvet-pink rose, plucked and stuck in the dashboard vent and those two, John and Maria,

waving from the gravel drive

playfully making bunnies' ears

as if to suggest—the moment, photographic

pinned in time

21 November 2018

### uncle mícheál in the kitchen (with van morrison)

"let-go-in-to the-mys-ter-y!"

he would sing in the kitchen in the Rath. "Kilmore, Kilcock" (which I would write as a return address when I took the City Bike through Dublin)

"let-your-self go!"
he sang
shuffling in the space
beside the kitchen table,
the slate courtyard
outside the window
dark—drenched with wetness
from the rains last night,
the textured-pebble whitewash,
which I'd come to love
(now out of sight)

and the freshness thick, innocuous, brought in (on wellies)

from the paddock and the pasture-field

21 September 2021 Number of Lines: 27

# inscription from my own heart

(for my own heart)

When you finally rest and extract the "is" from resist

You will let me know, won't you?

3 May 2020 Number of lines: 6

# ...the muse and the sea, revisited

when down the sandy bluff, we climbed

near that port-town "something by the sea"

the sun, a painted apricot, as dusk *coved* in

and the string'd musings from the mandolin

touched the clapping surf, the ringing salt that wrapped

white barnacle, all drenched and latched

within, a cavernous black canticle of silence

did they sing amongst themselves, among

their mute melodies, the musings of the mandolin...

it's then the muse, with her magenta scarf—appears

and waving, *riotous* uproaringly, she flings the tide

and trods the surf and arches as she sinks her knees

it's then she sparks and flowers

and bending by the surf, she laughs

 $...as\ beautiful,\ as\ she$   $is\ free$ 

28 September, 2021 Number of Lines: 30

# the white bird in the marsh

she had disarmed herself with flowers

the slender blaze of lilies, the quiet caps of cherry

all
fell from her
as she bristled, swung
her yellow eyes
across the River Albion

unalarmed, she raised herself—casting her slate-shadow over

our tiny scudding vessel

against the ebb, the end of eventide (oh, how you bore it all! you

beautiful, desperate creature)

the white bird in the marsh

12 October 2021 Number of Lines: 22

## you will not believe me; you will see

```
"you will not
believe me; you will see"
you stare
(you will
not believe me;
you will see?
you will not believe
me; you
will see—)
"separate yourself
and you will fall; separate"
she spoke with her eyes
eyes eyes
"followed forever; forever followed!"
she hallowed through her soles,
the sanguine of cracked teeth
"you will not believe me, no" sighed in the alley
"you will see!" turned, alight toward the odd sky
"extend yourself," extemporaneous, precipitous
ascent, she used to be a dancer
"uncowed, rise!" she said, then, "no! no! you
will not believe me...you will see."
         take you there." her eyes "Agh! I will not
take you there. I will; you will
    see"
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her eyes, a cipher; sable, cut through the center

"imitate nothing." the threads, themselves, threadbare

"cease, cease," she cried mocking the harbor gulls—

sobb'd, nodding, head-in-hands— rose sudden on limber calves

"it is hopelessly alive, this"

motioned, motioned blinked in the grey

"but, you will not believe me; you will see

fa, fa!"

flung something invisible into the horizon

"I will take you there. You *will* see."

> 24 July 2022 Number of lines: 40